

**TECHNICAL REPORT**  
**5<sup>TH</sup> GRADE**  
**2004-2005 & 2005-2006**  
**COLUSA COUNTY**

Surveying for this cycle conducted in Fall 2005



Please Note: It is important to interpret these results with caution. Results can be significantly impacted by response rates, the type of parental consent used (passive or active), gender differences, regional variations, and other issues. Some answers to frequently asked questions about these issues can be found at [www.wested.org/pub/docs/chks\\_faq\\_answers.html](http://www.wested.org/pub/docs/chks_faq_answers.html). The CHKS is only one of many data sources. Readers are encouraged to read the CHKS Data Use and Dissemination Guidebook available at [www.wested.org/pub/docs/chks\\_guides.html](http://www.wested.org/pub/docs/chks_guides.html) for a complete interpretation of the results.

Colusa County 2004-2006

---

**Sample Characteristics**

---

*Note: Tables 3.1 through 5.3 include results by gender.*

**Table 1.1**

*Student Sample Characteristics*

---

	Grade 5
<b>Student Sample Size</b>	
Final Sample (Number of Respondents)	215

---

## Colusa County 2004-2006

**Table 2.1**

***Age of Sample***

	Grade 5	Total %
7 years old, or younger than 7	1	
8 years old	0	
9 years old	3	
10 years old	70	
11 years old	26	
12 years old	0	
13 years old or older than 13	0	

*Question ES 2, 4: How old are you? What grade are you in?*

**Table 2.2**

***Gender of Sample***

	Grade 5	Total %
Female	48	
Male	52	

*Question ES 3: Are you female or male?*

## **Colusa County 2004-2006**

**Table 2.3**

### ***Number of Times Moved, Past Year***

	Grade 5	Total %
0 times		49
1 time		28
2 times or more times		23

*Question ES 5: During the past year, how many times have you moved (changed where you live)?*

**Table 2.4**

### ***Perceived Ability With School Work***

	Grade 5	Total %
One of the best students		18
Better than most students		22
About the same as others		43
Don't do as well as most others		17

*Question ES 16: How well do you do in your school work?*

**Colusa County 2004-2006**

**Alcohol and Other Drug (AOD) Use**

**Table 3.1**

***Ever Used Alcohol or Other Drugs, Lifetime***

	Grade 5		
	Female %	Male %	Total %
Alcohol, one or two sips	18	21	20
Alcohol, a full glass	4	3	3
Inhalants (to get high)	1	7	4
Marijuana *	1	2	2
<i>None of the above</i>	78	72	75
<i>Any of the above</i>	22	28	25

*Questions ES 32, 33, 34: Have you ever drunk beer, wine, or other alcohol? Have you ever sniffed something through your nose to get "high?" Have you ever smoked any marijuana (pot, grass, weed)?*

**Table 3.2**

***Any Alcohol Use, Past Month***

	Grade 5		
	Female %	Male %	Total %
No	90	91	91
Yes, I drank one or two sips	6	5	6
Yes, I drank a full glass	4	3	3

*Question ES 39: In the past month, did you drink any beer, wine or other alcohol?*

**\* = CDE-Recommended SDFSC/TUPE Performance Indicator**

## Colusa County 2004-2006

**Table 3.3**

*Any AOD Use Before/During School, Lifetime*

	Grade 5		
	Female %	Male %	Total %
No	99	99	99
Yes	1	1	1

*Question ES 35: Have you ever used alcohol or an illegal drug like marijuana before school or at school?*

**Table 3.4**

*Perception of Health Risk of Alcohol and Marijuana Use*

	Grade 5		
	Female %	Male %	Total %
<b>Alcohol</b>			
No, not bad	0	7	3
Yes, a little bad	27	19	23
Yes, very bad	73	74	74
<b>Marijuana</b>			
No, not bad	2	3	3
Yes, a little bad	4	4	4
Yes, very bad	86	87	87
I don't know what marijuana is	8	6	7

*Question ES 37-38: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?*

*Do you think using marijuana (pot, grass, weed) is bad for a person's health?*

**Colusa County 2004-2006**

**Tobacco Use**

**Table 4.1**

*Lifetime and Current Use of Cigarettes and Smokeless Tobacco*

	Grade 5		
	Female %	Male %	Total %
<b>Ever smoked a cigarette *</b>	5	8	6
Part of a cigarette, like one or two puffs	3	4	4
A whole cigarette	2	3	3
Smoked a cigarette in the past month	1	3	2
Ever chewed tobacco or snuff	3	4	4

*Questions ES 30, 40, 31. Have you... In the past month, did you...*

**Table 4.2**

*Perception of Health Risk of Cigarette Smoking*

	Grade 5		
	Female %	Male %	Total %
No, not bad	1	1	1
Yes, a little bad	3	3	3
Yes, very bad	96	96	96

*Question ES 36: Do you think smoking cigarettes is bad for a person's health?*

*\* = CDE-Recommended SDFSC/TUPE Performance Indicator*

## Colusa County 2004-2006

### Violence and Safety

**Table 5.1**

***Perceived Feeling Safe At or Outside of School***

	Grade 5		
	Female %	Male %	Total %
<b>Do you feel safe at school?</b>			
No, never	5	15	10
Yes, some of the time	16	16	16
Yes, most of the time	31	21	26
Yes, all of the time *	49	48	49
<b>Do you feel safe outside of school?</b>			
No, never	12	18	15
Yes, some of the time	21	23	22
Yes, most of the time	31	24	27
Yes, all of the time	35	36	36

*Question ES 28, 29: Do you feel safe at school? Do you feel safe outside of school?*

*\* = To be used for the CDE-Recommended SDFSC/TUPE Performance Indicator students that feel very safe at school"*

*"The percentage of*

## Colusa County 2004-2006

**Table 5.2**  
**Frequency of Being Harassed on School Property**

	Grade 5		
	Female %	Male %	Total %
<b>Been hit or pushed</b>			
No, never	52	37	44
Yes, some of the time	31	35	33
Yes, most of the time	11	14	12
Yes, all of the time	6	14	10
<b>Mean rumors spread about you</b>			
No, never	38	47	43
Yes, some of the time	38	31	34
Yes, most of the time	10	11	11
Yes, all of the time	15	11	13

*Question ES 23, 24: Do other kids hit or push you at school when they are not just playing around?  
Do other kids at school spread mean rumors or lies about you?*

**Table 5.3**  
**Frequency of Harassing on School Property, Past Year**

	Grade 5		
	Female %	Male %	Total %
<b>Have hit or pushed other kids</b>			
0 times	68	42	54
1 time	16	21	19
2 times	6	14	10
3 or more times	10	23	17
<b>Have spread mean rumors about other kids</b>			
0 times	62	68	65
1 time	22	16	19
2 times	8	8	9
3 or more times	8	8	8

*Question ES 21, 22: During the past year, how many times have you...hit or pushed other kids at school when you were not playing around? ...spread mean rumors or lies about other kids at school?*

## Colusa County 2004-2006

**Table 5.4**

***Weapons (Gun or Knife) on School Property, Past Year***

	Grade 5	Total %
<b>Brought weapon to school</b>		
No		96
Yes		4
<b>Saw another kid with a weapon at school</b>		
No		68
Yes		32

*Question ES 25, 26: During the past year... did you ever bring a gun or knife to school? ...have you ever seen another kid with a gun or knife at school?*

**Table 5.5**

***Frequency of Being Home Without Adult Supervision***

	Grade 5	Total %
No, never		55
Yes, some of the time		33
Yes, most of the time		6
Yes, all of the time		6

*Question ES 27: Are you home alone after school?*

## Colusa County 2004-2006

**Table 5.6**

***Frequency of Seat Belt and Helmet Use***

	Grade 5	Total %
<b>When you ride in a car do you wear a seat belt?</b>		
No, never		1
Yes, some of the time		10
Yes, most of the time		22
Yes, all of the time		66
<b>When you ride a bicycle do you wear a helmet?</b>		
I do not ride a bicycle		14
No, never		8
Yes, some of the time		12
Yes, most of the time		17
Yes, all of the time		49

*Question ES 7, 8: When you ride in a car do you wear a seat belt? When you ride a bicycle do you wear a helmet?*

## Colusa County 2004-2006

### Physical Health

**Table 6.1**

***Breakfast Consumption***

	Grade 5	Total %
No		24
Yes		76

*Question ES 6: Did you eat breakfast this morning?*

**Table 6.2**

***Exercise During Week***

	Grade 5	Total %
0 days		6
1 day		6
2 days		8
3 days		8
4 days		10
5 days		14
6 or 7 days		47

*Question ES 50: How many days each week do you exercise, dance, or play sports?*

## Colusa County 2004-2006

**Table 6.3**

***Frequency of Daily Television Watching and Video Game Playing***

	Grade 5	Total %
None, I didn't watch TV yesterday		12
Less than 1 hour		33
About 1 hour		17
About 2 hours		17
3 or more hours		20

*Question ES 53: Yesterday, how much time did you spend watching TV or playing video games?*

**Table 6.4**

***Body Image***

	Grade 5	Total %
<b>Do you think you are...</b>		
Too skinny		10
About right		70
Too fat		21
<b>Are you doing anything to try to lose weight?</b>		
No		46
Yes		54
<b>Ever been teased about your body at school?</b>		
No		57
Yes		43

*Question ES 47-49: Do you think you are too skinny, about right, or too fat? Are you doing anything to try to lose weight? Have other kids at school ever teased you about what your body looks like?*

## Colusa County 2004-2006

**Table 6.5**

***Students with Asthma***

	Grade 5	Total %
No		81
Yes		19

*Question ES 52: Has a parent or some other adult ever told you that you have asthma?*

**Table 6.6**

***Asthma Symptoms While Not Exercising***

	Grade 5	Total %
No		82
Yes		18

*Question ES 51: When not exercising, do you ever have trouble breathing (for example, shortness-of-breath, wheezing, or a sense of tightness in your chest)?*

## Colusa County 2004-2006

**Table 7.1**  
**External and Internal Asset Scores (High, Moderate, and Low)**

Percent of students scoring and Low in Assets (%)	High, Moderate,	Grade 5		
		H	M	L
<b>Total External Assets</b>		69	29	1
Caring Relationships		73	23	4
High Expectations		80	20	1
Meaningful Participation		20	70	9
<b>School Environment *</b>		53	43	4
Caring Relationships: Adults in School *		60	34	7
High Expectations: Adults in School *		64	32	4
Meaningful Participation *		22	67	11
<b>Home Environment</b>		79	20	1
Caring Relationships: Adults in Home		76	21	3
High Expectations: Adults in Home		89	10	1
Meaningful Participation		21	70	9
<b>Personal School Connectedness</b>		59	36	5
<b>Peer Environment</b>				
High Expectations: Pro-social peers		46	50	4
<b>Total Internal Assets</b>		61	37	2
Empathy		45	47	8
Problem Solving		40	51	8
Goals and Aspirations		79	21	0

\* = CDE-Recommended SDFSC/TUPE Performance Indicator