

**TECHNICAL REPORT
5TH GRADE
2004-2005 & 2005-2006
MENDOCINO COUNTY**



Please Note: It is important to interpret these results with caution. Results can be significantly impacted by response rates, the type of parental consent used (passive or active), gender differences, regional variations, and other issues. Some answers to frequently asked questions about these issues can be found at www.wested.org/pub/docs/chks_faq_answers.html. The CHKS is only one of many data sources. Readers are encouraged to read the CHKS Data Use and Dissemination Guidebook available at www.wested.org/pub/docs/chks_guides.html for a complete interpretation of the results.

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Sample Characteristics

Note: Tables 3.1 through 5.3 include results by gender.

Table 1.1
Student Sample Characteristics

Grade 5	
Student Sample Size	
Final Sample (Number of Respondents)	514

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Table 2.1

Age of Sample

	Grade 5 %	Total
7 years old, or younger than 7	0	
8 years old	0	
9 years old	2	
10 years old	71	
11 years old	23	
12 years old	4	
13 years old or older than 13	0	

Question ES 2, 4: How old are you? What grade are you in?

Table 2.2

Gender of Sample

	Grade 5 %	Total
Female	51	
Male	49	

Question ES 3: Are you female or male?

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Table 2.3

Number of Times Moved, Past Year

	Grade 5	Total
	%	
0 times	59	
1 time	23	
2 times or more times	18	

Question ES 5: During the past year, how many times have you moved (changed where you live)?

Table 2.4

Perceived Ability With School Work

	Grade 5	Total
	%	
One of the best students	15	
Better than most students	27	
About the same as others	48	
Don't do as well as most others	10	

Question ES 16: How well do you do in your school work?

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Alcohol and Other Drug (AOD) Use

Table 3.1

Ever Used Alcohol or Other Drugs, Lifetime

	Grade 5		
	Female %	Male %	Total %
Alcohol, one or two sips	25	29	27
Alcohol, a full glass	3	4	3
Inhalants (to get high)	4	2	3
Marijuana *	1	2	1
<i>None of the above</i>	71	66	69
<i>Any of the above</i>	29	34	31

Questions ES 32, 33, 34: Have you ever drunk beer, wine, or other alcohol? Have you ever sniffed something through your nose to get "high?" Have you ever smoked any marijuana (pot, grass, weed)?

Table 3.2

Any Alcohol Use, Past Month

	Grade 5		
	Female %	Male %	Total %
No	92	89	91
Yes, I drank one or two sips	6	9	7
Yes, I drank a full glass	1	3	2

Question ES 39: In the past month, did you drink any beer, wine or other alcohol?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

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Table 3.3

Any AOD Use Before/During School, Lifetime

	Grade 5		Total %
	Female %	Male %	
No	100	99	99
Yes	0	1	1

Question ES 35: Have you ever used alcohol or an illegal drug like marijuana before school or at school?

Table 3.4

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5		Total %
	Female %	Male %	
Alcohol			
No, not bad	5	6	5
Yes, a little bad	25	31	28
Yes, very bad	70	63	67
Marijuana			
No, not bad	3	5	4
Yes, a little bad	9	8	9
Yes, very bad	76	78	77
I don't know what marijuana is	12	9	10

Question ES 37-38: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?

Do you think using marijuana (pot, grass, weed) is bad for a person's health?

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Tobacco Use

Table 4.1

Lifetime and Current Use of Cigarettes and Smokeless Tobacco

	Grade 5		
	Female %	Male %	Total %
Ever smoked a cigarette *	5	7	5
Part of a cigarette, like one or two puffs	4	4	4
A whole cigarette	1	3	2
Smoked a cigarette in the past month	1	1	1
Ever chewed tobacco or snuff	1	4	3

Questions ES 30, 40, 31. Have you... In the past month, did you...

Table 4.2

Perception of Health Risk of Cigarette Smoking

	Grade 5		
	Female %	Male %	Total %
No, not bad	2	2	2
Yes, a little bad	6	6	6
Yes, very bad	92	92	92

Question ES 36: Do you think smoking cigarettes is bad for a person's health?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

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Violence and Safety

Table 5.1

Perceived Feeling Safe At or Outside of School

	Grade 5		
	Female %	Male %	Total %
Do you feel safe at school?			
No, never	5	8	6
Yes, some of the time	15	12	14
Yes, most of the time	22	25	24
Yes, all of the time *	58	54	56
Do you feel safe outside of school?			
No, never	12	12	12
Yes, some of the time	18	17	17
Yes, most of the time	31	29	30
Yes, all of the time	39	42	41

Question ES 28, 29: Do you feel safe at school? Do you feel safe outside of school?

*** = To be used for the CDE-Recommended SDFSC/TUPE Performance Indicator
"The percentage of students that feel very safe at school"**

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Table 5.2

Frequency of Being Harassed on School Property

	Grade 5		Total %
	Female %	Male %	
Been hit or pushed			
No, never	61	37	49
Yes, some of the time	29	45	37
Yes, most of the time	5	10	7
Yes, all of the time	5	8	6
Mean rumors spread about you			
No, never	52	46	49
Yes, some of the time	37	39	38
Yes, most of the time	5	6	6
Yes, all of the time	6	9	7

*Question ES 23, 24: Do other kids hit or push you at school when they are not just playing around?
Do other kids at school spread mean rumors or lies about you?*

Table 5.3

Frequency of Harassing on School Property, Past Year

	Grade 5		Total %
	Female %	Male %	
Have hit or pushed other kids			
0 times	71	43	58
1 time	15	25	20
2 times	7	12	10
3 or more times	7	19	13
Have spread mean rumors about other kids			
0 times	71	74	72
1 time	19	12	16
2 times	6	6	6
3 or more times	3	8	6

Question ES 21, 22: During the past year, how many times have you...hit or pushed other kids at school when you were not playing around? ...spread mean rumors or lies about other kids at school?

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Table 5.4

Weapons (Gun or Knife) on School Property, Past Year

	Grade 5 %	Total
Brought weapon to school		
No	97	
Yes	3	
Saw another kid with a weapon at school		
No	73	
Yes	27	

Question ES 25, 26: During the past year... did you ever bring a gun or knife to school? ...have you ever seen another kid with a gun or knife at school?

Table 5.5

Frequency of Being Home Without Adult Supervision

	Grade 5 %	Total
No, never	58	
Yes, some of the time	33	
Yes, most of the time	6	
Yes, all of the time	3	

Question ES 27: Are you home alone after school?

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Table 5.6

Frequency of Seat Belt and Helmet Use

	Grade 5 Total %
When you ride in a car do you wear a seat belt?	
No, never	1
Yes, some of the time	11
Yes, most of the time	18
Yes, all of the time	70
When you ride a bicycle do you wear a helmet?	
I do not ride a bicycle	9
No, never	19
Yes, some of the time	19
Yes, most of the time	21
Yes, all of the time	33

Question ES 7, 8: When you ride in a car do you wear a seat belt? When you ride a bicycle do you wear a helmet?

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Physical Health

Table 6.1

Breakfast Consumption

	Grade 5 %	Total
No	19	
Yes	81	

Question ES 6: Did you eat breakfast this morning?

Table 6.2

Exercise During Week

	Grade 5 %	Total
0 days	6	
1 day	4	
2 days	6	
3 days	9	
4 days	8	
5 days	16	
6 or 7 days	51	

Question ES 50: How many days each week do you exercise, dance, or play sports?

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Table 6.3

Frequency of Daily Television Watching and Video Game Playing

	Grade 5 %	Total
None, I didn't watch TV yesterday	21	
Less than 1 hour	33	
About 1 hour	20	
About 2 hours	15	
3 or more hours	12	

Question ES 53: Yesterday, how much time did you spend watching TV or playing video games?

Table 6.4

Body Image

	Grade 5 %	Total
Do you think you are...		
Too skinny	8	
About right	77	
Too fat	15	
Are you doing anything to try to lose weight?		
No	54	
Yes	46	
Ever been teased about your body at school?		
No	60	
Yes	40	

Question ES 47-49: Do you think you are too skinny, about right, or too fat? Are you doing anything to try to lose weight? Have other kids at school ever teased you about what your body looks like?

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Table 6.5

Students with Asthma

	Grade 5 %	Total
No	82	
Yes	18	

Question ES 52: Has a parent or some other adult ever told you that you have asthma?

Table 6.6

Asthma Symptoms While Not Exercising

	Grade 5 %	Total
No	84	
Yes	16	

Question ES 51: When not exercising, do you ever have trouble breathing (for example, shortness-of-breath, wheezing, or a sense of tightness in your chest)?

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Table 7.1
External and Internal Asset Scores (High, Moderate, and Low)

Percent of students scoring High, Moderate, and Low in Assets (%)	Grade 5		
	H	M	L
Total External Assets	71	29	0
Caring Relationships	78	21	0
High Expectations	85	15	0
Meaningful Participation	19	73	8
<i>School Environment *</i>	53	43	4
Caring Relationships: Adults in School *	61	35	4
High Expectations: Adults in School *	60	38	2
Meaningful Participation *	19	67	15
<i>Home Environment</i>	84	15	1
Caring Relationships: Adults in Home	82	17	1
High Expectations: Adults in Home	93	6	1
Meaningful Participation	21	73	7
<i>Personal School Connectedness</i>	54	39	7
<i>Peer Environment</i>			
High Expectations: Pro-social peers	53	45	2
Total Internal Assets	68	30	2
Empathy	44	51	5
Problem Solving	44	51	5
Goals and Aspirations	81	18	0

** = CDE-Recommended SDFSC/TUPE Performance Indicator*