

Technical Report  
**5<sup>TH</sup> GRADE**  
Fall 2005 - Spring 2006  
**ORANGE COUNTY**



Please Note: It is important to interpret these results with caution. Results can be significantly impacted by response rates, the type of parental consent used (passive or active), gender differences, regional variations, and other issues. Some answers to frequently asked questions about these issues can be found at [www.wested.org/pub/docs/chks\\_faq\\_answers.html](http://www.wested.org/pub/docs/chks_faq_answers.html). The CHKS is only one of many data sources. Readers are encouraged to read the CHKS Data Use and Dissemination Guidebook available at [www.wested.org/pub/docs/chks\\_guides.html](http://www.wested.org/pub/docs/chks_guides.html) for a complete interpretation of the results.

**Orange County**

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**Sample Characteristics**

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*Note: Tables 3.1 through 5.3 include results by gender.*

**Table 1.1**

*Student Sample Characteristics*

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	Grade 5
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<b>Student Sample Size</b>	
Final Sample (Number of Respondents)	19791

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## **Orange County**

**Table 2.1**

***Age of Sample***

	Grade 5 Total %
7 years old, or younger than 7	0
8 years old	0
9 years old	2
10 years old	65
11 years old	30
12 years old	2
13 years old or older than 13	0

*Question ES 2, 4: How old are you? What grade are you in?*

**Table 2.2**

***Gender of Sample***

	Grade 5 Total %
Female	51
Male	49

*Question ES 3: Are you female or male?*

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**Table 2.3**

***Number of Times Moved, Past Year***

	Grade 5 Total %
0 times	59
1 time	22
2 times or more times	19

*Question ES 5: During the past year, how many times have you moved (changed where you live)?*

**Table 2.4**

***Perceived Ability With School Work***

	Grade 5 Total %
One of the best students	19
Better than most students	25
About the same as others	46
Don't do as well as most others	10

*Question ES 16: How well do you do in your school work?*

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### **Alcohol and Other Drug (AOD) Use**

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**Table 3.1**

***Ever Used Alcohol or Other Drugs, Lifetime***

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	Grade 5		
	Female %	Male %	Total %
Alcohol, one or two sips	21	27	24
Alcohol, a full glass	2	3	2
Inhalants (to get high)	4	6	5
Marijuana *	1	1	1
<i>None of the above</i>	76	68	72
<i>Any of the above</i>	24	32	28

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*Questions ES 32, 33, 34: Have you ever drunk beer, wine, or other alcohol? Have you ever sniffed something through your nose to get "high?" Have you ever smoked any marijuana (pot, grass, weed)?*

**Table 3.2**

***Any Alcohol Use, Past Month***

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	Grade 5		
	Female %	Male %	Total %
No	92	88	90
Yes, I drank one or two sips	6	9	8
Yes, I drank a full glass	1	2	2

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*Question ES 39: In the past month, did you drink any beer, wine or other alcohol?*

**\* = CDE-Recommended SDFSC/TUPE Performance Indicator**

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**Table 3.3**

***Any AOD Use Before/During School, Lifetime***

	Grade 5		
	Female %	Male %	Total %
No	99	99	99
Yes	1	1	1

*Question ES 35: Have you ever used alcohol or an illegal drug like marijuana before school or at school?*

**Table 3.4**

***Perception of Health Risk of Alcohol and Marijuana Use***

	Grade 5		
	Female %	Male %	Total %
<b>Alcohol</b>			
No, not bad	2	4	3
Yes, a little bad	23	31	27
Yes, very bad	75	65	70
<b>Marijuana</b>			
No, not bad	2	3	3
Yes, a little bad	2	3	3
Yes, very bad	76	78	77
I don't know what marijuana is	20	15	18

*Question ES 37-38: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?*

*Do you think using marijuana (pot, grass, weed) is bad for a person's health?*

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# Tobacco Use

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**Table 4.1**

*Lifetime and Current Use of Cigarettes and Smokeless Tobacco*

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	Grade 5		
	Female %	Male %	Total %
<b>Ever smoked a cigarette *</b>	2	5	4
Part of a cigarette, like one or two puffs	2	4	3
A whole cigarette	0	1	1
Smoked a cigarette in the past month	1	2	2
Ever chewed tobacco or snuff	1	2	1

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*Questions ES 30, 40, 31. Have you... In the past month, did you...*

**Table 4.2**

*Perception of Health Risk of Cigarette Smoking*

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	Grade 5		
	Female %	Male %	Total %
No, not bad	1	2	2
Yes, a little bad	3	6	4
Yes, very bad	96	92	94

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*Question ES 36: Do you think smoking cigarettes is bad for a person's health?*

**\* = CDE-Recommended SDFSC/TUPE Performance Indicator**

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# Violence and Safety

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**Table 5.1**

***Perceived Feeling Safe At or Outside of School***

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	Grade 5		
	Female %	Male %	Total %
<b>Do you feel safe at school?</b>			
No, never	4	6	5
Yes, some of the time	11	13	12
Yes, most of the time	25	26	25
Yes, all of the time *	60	56	58
<b>Do you feel safe outside of school?</b>			
No, never	14	13	13
Yes, some of the time	23	20	22
Yes, most of the time	36	35	35
Yes, all of the time	27	33	30

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*Question ES 28, 29: Do you feel safe at school? Do you feel safe outside of school?*

***\* = To be used for the CDE-Recommended SDFSC/TUPE Performance Indicator  
"The percentage of students that feel very safe at school"***

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**Table 5.2**

***Frequency of Being Harassed on School Property***

	Grade 5		
	Female %	Male %	Total %
<b>Been hit or pushed</b>			
No, never	57	44	50
Yes, some of the time	33	41	37
Yes, most of the time	6	9	8
Yes, all of the time	4	7	5
<b>Mean rumors spread about you</b>			
No, never	48	51	49
Yes, some of the time	38	35	37
Yes, most of the time	8	8	8
Yes, all of the time	6	6	6

*Question ES 23, 24: Do other kids hit or push you at school when they are not just playing around?  
Do other kids at school spread mean rumors or lies about you?*

**Table 5.3**

***Frequency of Harassing on School Property, Past Year***

	Grade 5		
	Female %	Male %	Total %
<b>Have hit or pushed other kids</b>			
0 times	73	51	62
1 time	14	21	18
2 times	6	11	8
3 or more times	6	17	12
<b>Have spread mean rumors about other kids</b>			
0 times	70	69	69
1 time	19	17	18
2 times	5	7	6
3 or more times	6	7	6

*Question ES 21, 22: During the past year, how many times have you...hit or pushed other kids at school when you were not playing around? ...spread mean rumors or lies about other kids at school?*

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**Table 5.4**

***Weapons (Gun or Knife) on School Property, Past Year***

	Grade 5 Total %
<b>Brought weapon to school</b>	
No	97
Yes	3
<b>Saw another kid with a weapon at school</b>	
No	80
Yes	20

*Question ES 25, 26: During the past year... did you ever bring a gun or knife to school? ...have you ever seen another kid with a gun or knife at school?*

**Table 5.5**

***Frequency of Being Home Without Adult Supervision***

	Grade 5 Total %
No, never	63
Yes, some of the time	28
Yes, most of the time	5
Yes, all of the time	4

*Question ES 27: Are you home alone after school?*

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**Table 5.6**

***Frequency of Seat Belt and Helmet Use***

	Grade 5 Total %
<b>When you ride in a car do you wear a seat belt?</b>	
No, never	1
Yes, some of the time	8
Yes, most of the time	18
Yes, all of the time	73
<b>When you ride a bicycle do you wear a helmet?</b>	
I do not ride a bicycle	15
No, never	16
Yes, some of the time	15
Yes, most of the time	16
Yes, all of the time	39

*Question ES 7, 8: When you ride in a car do you wear a seat belt? When you ride a bicycle do you wear a helmet?*

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### Physical Health

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**Table 6.1**

***Breakfast Consumption***

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	Grade 5 Total %
No	17
Yes	83

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*Question ES 6: Did you eat breakfast this morning?*

**Table 6.2**

***Exercise During Week***

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	Grade 5 Total %
0 days	4
1 day	4
2 days	7
3 days	13
4 days	12
5 days	16
6 or 7 days	43

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*Question ES 50: How many days each week do you exercise, dance, or play sports?*

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**Table 6.3**

***Frequency of Daily Television Watching and Video Game Playing***

	Grade 5 Total %
None, I didn't watch TV yesterday	19
Less than 1 hour	30
About 1 hour	20
About 2 hours	17
3 or more hours	14

*Question ES 53: Yesterday, how much time did you spend watching TV or playing video games?*

**Table 6.4**

***Body Image***

	Grade 5 Total %
<b>Do you think you are...</b>	
Too skinny	10
About right	73
Too fat	16
<b>Are you doing anything to try to lose weight?</b>	
No	51
Yes	49
<b>Ever been teased about your body at school?</b>	
No	65
Yes	35

*Question ES 47-49: Do you think you are too skinny, about right, or too fat? Are you doing anything to try to lose weight? Have other kids at school ever teased you about what your body looks like?*

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**Table 6.5**

*Students with Asthma*

	Grade 5 Total %
No	83
Yes	17

*Question ES 52: Has a parent or some other adult ever told you that you have asthma?*

**Table 6.6**

*Asthma Symptoms While Not Exercising*

	Grade 5 Total %
No	80
Yes	20

*Question ES 51: When not exercising, do you ever have trouble breathing (for example, shortness-of-breath, wheezing, or a sense of tightness in your chest)?*

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**Table 7.1**

***External and Internal Asset Scores (High, Moderate, and Low)***

Percent of students scoring High, Moderate, and Low in Assets (%)	Grade 5		
	H	M	L
<b>Total External Assets</b>	72	27	1
Caring Relationships	78	21	1
High Expectations	84	15	0
Meaningful Participation	19	73	8
<b><i>School Environment *</i></b>	57	41	2
Caring Relationships: Adults in School *	64	33	3
High Expectations: Adults in School *	64	34	2
Meaningful Participation *	19	68	13
<b><i>Home Environment</i></b>	82	17	1
Caring Relationships: Adults in Home	79	19	1
High Expectations: Adults in Home	91	8	1
Meaningful Participation	18	76	7
<b><i>Personal School Connectedness</i></b>	62	35	3
<b><i>Peer Environment</i></b>			
High Expectations: Pro-social peers	51	46	3
<b>Total Internal Assets</b>	66	32	2
Empathy	45	49	5
Problem Solving	38	54	7
Goals and Aspirations	83	16	1

**\* = CDE-Recommended SDFSC/TUPE Performance Indicator**