

**COLUSA COUNTY
TECHNICAL REPORT
2004-2005 & 2005-2006**

Module A: Core

Surveying for this cycle was conducted in Fall 2005



Please Note: It is important to interpret these results with caution. Results can be significantly impacted by response rates, the type of parental consent used (passive or active), gender differences, regional variations, and other issues. Some answers to frequently asked questions about these issues can be found at www.wested.org/pub/docs/chks_faq_answers.html. The CHKS is only one of many data sources. Readers are encouraged to read the CHKS Data Use and Dissemination Guidebook available at www.wested.org/pub/docs/chks_guides.html for a complete interpretation of the results.

Section A

1. Introduction

Table A1.1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	x
B. Resilience & Youth Development	x
	- School/Community Assets (Required)
	- Home/Peer/Internal Assets
C. AOD Use & Safety	x
D. Tobacco	x
E. Physical Health	x
F. Sexual Behavior	x
G. Custom Questions	

Table A1.2

Student Sample Characteristics

	Grade 7	Grade 9	Grade 11	Non Tradition
<i>Student Sample Size</i>				
Final Number	190	153	130	

2. Sample Characteristics

Table A2.1

Age of Sample

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
12 years or younger	69		0		1			
13 years old	29		4		0			
14 years old	1		76		0			
15 years old	0		19		1			
16 years old	0		1		83			
17 years old	0		0		14			
18 years or older	0		0		1			

Question HS/MS A.3: How old are you?

Table A2.2

Gender of Sample

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Male	48		45		43			
Female	52		55		57			

Question HS/MS A.4: What is your sex?

Table A2.3

Ethnic/Racial Characteristics of Sample

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
American Indian or Alaska Native	2		2		3			
Native Hawaiian or Pacific Islander	2		1		1			
Asian	2		3		1			
Black or African American (non-Hispanic)	2		1		3			
Hispanic or Latino/Latina	64		65		54			
White or Caucasian (non-Hispanic)	25		28		43			
Other	11		6		5			
Selected more than one	8		4		9			

Question HS/MS A.6: How do you describe yourself? (Mark all that apply)

Note: Column totals may add up to more than 100% because students could select more than one response.

Table A2.4***Frequency of Residence Changes, Past 12 Months***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	70		77		70			
1 time	19		18		25			
2 or more times	11		5		5			

Question HS/MS A.9: During the past 12 months, how many times have you moved (changed where you live)?

Table A2.5***Grades, Past 12 Months***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Mostly A's	13		14		11			
A's and B's	25		31		32			
Mostly B's	5		8		10			
B's and C's	31		25		29			
Mostly C's	4		12		7			
C's and D's	14		8		7			
Mostly D's	2		0		1			
Mostly F's	6		3		4			

Question HS A.91/MS A.80: During the past 12 months, how would you describe the grades you mostly received in school?

Table A2.6
Home

	Grade 9	%	Grade 11	%	Non Tradition	%
Parent's home	93		98			
Other relatives' home	5		2			
Friend's home	0		1			
Foster home, group care, or waiting placement	0		0			
Shelter or on the street	0		0			
Car or Van	1		0			
Hotel or motel	0		0			
Migrant labor housing	0		0			
Other transitional or temporary housing	1		0			

Question HS A.10: Where do you live? (A home includes an apartment, trailer or mobile home.)

Table A2.7

Truancy, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	78		81		49			
1-2 times	12		13		23			
A few times	8		3		17			
Once a month	0		1		3			
Once a week	0		2		2			
More than once a week	1		2		6			

Question HS A.92/MS A.81: During the past 12 months, about how many times did you skip school or cut classes?

Table A2.8

Days Home Alone During Normal School Week

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Never	36		na		na		na	
1 day	22		na		na		na	
2 days	11		na		na		na	
3 days	8		na		na		na	
4 days	3		na		na		na	
5 days	20		na		na		na	

Question MS A.76: In a normal school week, how many days are you home after school for at least one hour without an adult there?

3. Alcohol and Other Drug Use

Table A3.1

Any AOD Use, Lifetime

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
<i>None</i>	55		38		27			
<i>Any AOD Use</i>	45		62		73			
Alcohol (one full drink)								
0 times	62		40		26			
1 time	16		13		8			
2 to 3 times	12		16		13			
4 or more times	10		30		53			
Marijuana								
0 times	94		86		69			
1 time	3		3		11			
2 to 3 times	1		5		2			
4 or more times	1		6		18			
Inhalants (to get high)								
0 times	86		90		90			
1 time	8		4		5			
2 to 3 times	3		3		2			
4 or more times	3		3		2			
Cocaine								
0 times	na		97		93			
1 time	na		2		5			
2 to 3 times	na		0		1			
4 or more times	na		1		1			
Methamphetamines or any amphetamines								
0 times	na		95		94			
1 time	na		3		2			
2 to 3 times	na		1		2			
4 or more times	na		1		2			

Question HS A.25-29/MS A.24-26: During your life, how many times have you used or tried...?

na=not asked of middle school students

Table A3.1 - Continued

Any AOD Use, Lifetime

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
LSD or other psychedelics								
0 times	na		99		96			
1 time	na		0		3			
2 to 3 times	na		0		1			
4 or more times	na		0		1			
Ecstasy								
0 times	na		98		96			
1 time	na		1		1			
2 to 3 times	na		0		0			
4 or more times	na		1		3			
Prescription painkillers								
0 times	97		89		83			
1 time	2		2		5			
2 to 3 times	1		3		3			
4 or more times	1		6		8			
Heroin								
0 times	na		100		100			
1 time	na		0		0			
2 to 3 times	na		0		0			
4 or more times	na		0		0			
Other illegal drugs								
0 times	97		92		95			
1 time	1		4		1			
2 to 3 times	1		2		2			
4 or more times	1		2		2			

Question HS A.31-35/MS A.27, 29: During your life, how many times have you used or tried...?
na=not asked of middle school students

Table A3.2***Any Current AOD Use, Past 30 Days***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
<i>None</i>	73		59		55			
<i>Any AOD Use</i>	27		41		45			
Alcohol (at least one drink)	22		41		46			
Marijuana	2		9		10			
Inhalants	7		5		1			
Cocaine	na		2		1			
Methamphetamines or any amphetamines	na		2		1			
LSD or other psychedelics	na		1		1			

Question HS A.41, 43-47/MS A.35, 37-38: During the past 30 days, on how many days did you use...?
na=not asked of middle school students

Table A3.3***Frequency of Current Alcohol and Marijuana Use, Past 30 days***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Alcohol								
None	78		59		54			
1 or 2 days	15		24		21			
3 to 9 days	5		12		18			
10 to 19 days	1		2		6			
20 or more days (daily)	1		3		0			
Marijuana								
None	98		91		90			
1 or 2 days	1		3		3			
3 to 9 days	0		2		2			
10 to 19 days	0		1		2			
20 or more days (daily)	0		3		3			

Question HS A.41, 43/MS A.35, 37: During the past 30 days, on how many days did you use...?

Table A3.4***Ever Very Drunk or Sick from Drinking Alcohol***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	85		69		48			
1 to 2 times	12		21		19			
3 to 6 times	3		3		15			
7 or more times	0		8		17			

Question HS A.36/MS A.30: During your life, how many times have you been very drunk or sick after drinking alcohol?

Table A3.5***Ever "High" from Using Drugs***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	96		87		74			
1 to 2 times	3		6		9			
3 to 6 times	1		2		6			
7 or more times	1		5		11			

Question HS A.37/MS A.31: During your life, how many times have you been high (loaded, stoned, or wasted) from using drugs?

Table A3.6***Current Binge (Episodic Heavy) Drinking, Past 30 Days***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 days	93		75		72			
1 to 2 days	4		14		11			
3 or more days	2		11		17			

Question HS A.42/MS A.36: During the past 30 days, on how many days did you use five or more drinks of alcohol in a row, that is, within a couple of hours?

Table A3.7***Desired Level of Alcohol Consumption, Drinking Style or Preference***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Don't drink alcohol	63		42		32			
Just a sip or two	25		24		9			
Enough to feel it a little	7		20		32			
Enough to feel it a lot	3		6		18			
Until really drunk	2		8		8			

Question HS A.51/MS A.42: How do you like to drink alcohol?

Table A3.8***Usual Level of Highness When Using Drugs***

	Grade 9	%	Grade 11	%	Non Tradition	%
Don't use drugs	83		76			
Not high at all	4		3			
A little high	5		6			
Moderately high	4		9			
Very high	4		7			

Question HS A52: If you use marijuana or other drugs, how high (stoned, faded, wasted, trashed) do you usually get?

Table A3.9***Ever Driven after Drinking (Respondent or by Friend)***

	Grade 9	%	Grade 11	%	Non Tradition	%
<i>Never</i>	70		59			
<i>Any</i>	30		41			
1 time	10		13			
2 times	11		9			
3 to 6 times	4		10			
7 or more times	4		9			

Question HS A.64: In your life, how many times have you driven a car when you had been drinking alcohol, or been in a car driven by a friend when he or she had been drinking?

Table A3.10***Ever Been a Passenger in a Car Driven by Someone Who Had Been Drinking***

	Grade 7	%
<i>Never</i>	47	
<i>Any</i>	53	
1 time	19	
2 times	14	
3 to 6 times	9	
7 or more times	10	

Question MS A.54: In your life, how many times have you ridden in a car driven by someone who had been drinking alcohol?

Table A3.11***Any Current Alcohol and Marijuana Use on School Property, Past 30 Days***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Alcohol								
0 days	94		88		97			
1 to 2 days	3		9		3			
3 or more days	2		3		1			
Marijuana								
0 days	98		97		95			
1 to 2 days	1		1		1			
3 or more days	1		2		4			

Question HS A.49-50/MS A.40-41: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol? ...smoke marijuana?

Table A3.12***Ever Drunk or High on School Property***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	97		90		81			
1 to 2 times	2		6		15			
3 to 6 times	0		2		1			
7 or more times	1		2		3			

Question HS A.38/MS A.32: During your life, how many times have you been drunk on alcohol or high on drugs on school property?

Table A3.13***Perceived Harm of Frequent Alcohol and Marijuana Use***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Alcohol								
Extremely harmful	43		37		36			
Harmful	27		19		28			
Somewhat harmful	18		28		22			
Mainly harmless	7		10		11			
Harmless	4		6		3			
Marijuana								
Extremely harmful	82		72		64			
Harmful	11		10		19			
Somewhat harmful	2		7		13			
Mainly harmless	3		5		2			
Harmless	2		5		2			

Question HS A.54-55/MS A.44-45: How harmful do you think it is to use the following substances frequently (daily or almost daily)?

Table A3.14***Peer Disapproval of Using Alcohol and Marijuana***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Alcohol								
A lot	43		24		22			
Some	23		19		17			
Not much	15		27		31			
Not at all	19		30		30			
Marijuana								
A lot	71		56		50			
Some	10		11		23			
Not much	2		10		12			
Not at all	17		23		14			

Question HS A.62-63/MS A.52-53: How much would your friends disapprove of you for using... Alcohol. Marijuana.

Table A3.15
Student Perception of Percent of Marijuana Use Among Peers

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
None of them	49		30		11			
10 percent	28		13		15			
20 percent	10		9		7			
30 percent	4		9		8			
40 percent	2		12		7			
50 percent	3		15		10			
60 percent	1		2		14			
70 percent	0		4		9			
80 percent	0		4		7			
90 percent	0		1		8			
All of them	1		2		4			

*Question HS A.60/MS A.50: About what percent of students in your grade...
 Ever tried marijuana?*

Table A3.16
Occurrence of Problems While Using Alcohol/Drugs

	Grade 9	Grade 11	Non Tradition
	%	%	%
Does not apply, never used alcohol/drugs	53	40	
Problems with emotions, nerves, mental health	8	11	
Trouble or problems with the police	5	7	
Money problems	1	4	
Get into trouble in school	4	4	
Problems with school work	4	6	
Fight with other kids	6	4	
Damage a friendship	6	10	
Physically hurt or injure yourself	4	4	
Unwanted or unprotected sex	4	7	
Forget what happened or pass out	10	20	
Other problems	6	8	
More than one problem	14	25	
Never had problems when I've used alcohol/drugs	24	25	

*Question HS A65: Has using alcohol, marijuana, or other drugs ever caused you to have any of the following problems?
 (Mark all that apply.) Please note: Because all that apply are marked, total percentages may exceed 100%.*

Table A3.17
Occurrence of Experiences While Using Alcohol/Drugs

	Grade 9 %	Grade 11 %	Non Tradition %
Does not apply, have not used alcohol or drugs	61	43	
Had to increase use to get same effect as before	3	9	
Spent a lot of time getting, using, or being "hung over" from using	1	8	
Used alcohol or drugs a lot more than intended	3	9	
Used alcohol or drugs when alone	7	9	
Alcohol/drug use often kept you from going to school, working, recreational activities or hobbies	2	3	
Didn't like the way you felt when not high or drunk	3	5	
Thought about reducing or stopping	5	12	
Told self not going to use but used anyway	3	11	
Spoke with someone about reducing or stopping use	2	7	
Attended counseling, program, or group to reduce/stop use	0	3	
More than one experience	7	14	
Use alcohol or drugs but have not experienced any of these things	25	25	

Question HS A66: If you use alcohol, marijuana, or another drug, have you had any of the following experiences?

(Mark all that apply.)

Please note: Because all that apply are marked, total percentages may exceed 100%.

Table A3.18***Perceived Difficulty of Obtaining Alcohol and Marijuana***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Alcohol								
Very difficult	18		6		3			
Fairly difficult	14		4		8			
Fairly easy	18		18		22			
Very easy	14		45		56			
Don't know	36		26		12			
Marijuana								
Very difficult	31		13		3			
Fairly difficult	11		9		8			
Fairly easy	5		22		17			
Very easy	8		25		46			
Don't know	45		32		25			

Question HS A.57-58/MS A.47-48: How difficult is it for students in your grade to get any of the following substances if they really want them?

Table A3.19***Offered Illegal Drugs on School Property, Past 12 Months***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	90		76		75			
1 time	6		12		8			
2 to 3 times	2		8		8			
4 or more times	2		5		9			

Question HS A.74/MS A.62: During the past 12 months, how many times on school property have you... been offered, sold, or given an illegal drug?

4. Tobacco Use

Table A4.1

Ever Used Cigarettes or Smokeless Tobacco, Lifetime

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
A cigarette, even one or two puffs								
0 times	77		61		54			
1 time	13		14		11			
2 to 3 times	5		10		14			
4 or more times	4		15		20			
A whole cigarette								
0 times	93		78		70			
1 time	1		7		4			
2 to 3 times	4		5		8			
4 or more times	3		9		17			
Smokeless tobacco								
0 times	97		93		83			
1 time	2		2		7			
2 to 3 times	1		0		2			
4 or more times	0		5		8			

Question HS A.22-24/MS A.21-23: During your life, how many times have you used or tried...?

Table A4.2

Any and Daily Use of Cigarettes and Smokeless Tobacco, Past 30 Days

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Cigarettes								
Any	6		11		13			
Daily	0		3		2			
Smokeless Tobacco								
Any	1		3		4			
Daily	0		0		1			

Question HS A.39-40/MS A.33-34: During the past 30 days, on how many days did you use...

Table A4.3***Current Smoking on School Property, Past 30 Days***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
<i>None</i>	98		96		97			
<i>Any</i>	2		4		3			
1 or 2 days	1		2		2			
3 to 9 days	1		1		0			
10 to 19 days	0		0		0			
20 to 30 days	0		1		1			

Question HS A.48/MS A.39: During the past 30 days, on how many days on school property did you smoke cigarettes?

Table A4.4***Peer Disapproval of Using Cigarettes***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
A lot	59		46		44			
Some	18		23		21			
Not much	7		12		19			
Not at all	16		20		16			

Question HS A.61/MS A.51: How much would your friends disapprove of you for using... Cigarettes.

Table A4.5***Perceived Harm of Frequent Cigarette Smoking***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Extremely harmful	58		47		59			
Harmful	29		31		26			
Somewhat harmful	9		13		11			
Mainly harmless	3		4		4			
Harmless	2		5		0			

Question HS A.53/MS A.43: How harmful do you think it is to use the following substances frequently (daily or almost daily)? Cigarettes.

Table A4.6***Perceived Difficulty of Obtaining Cigarettes***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Very difficult	19		8		3			
Fairly difficult	16		8		4			
Fairly easy	14		24		23			
Very easy	9		34		53			
Don't know	41		26		17			

Question HS A.56/MS A.46: How difficult is it for students in your grade to get any of the following substances if they really want them? Cigarettes.

Table A4.7***Estimated Prevalence of Peer Cigarette Smoking at Least Once a Month***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
None of them	42		29		10			
10 percent	32		17		19			
20 percent	7		10		10			
30 percent	6		10		10			
40 percent	6		7		12			
50 percent	6		17		15			
60 percent	1		1		7			
70 percent	0		5		7			
80 percent	0		3		7			
90 percent	1		2		3			
All of them	0		0		0			

*Question HS A.59/MS A.49: About what percent of students in your grade ...
Smoke cigarettes at least once a month?*

5. Violence and Safety

Table A5.1

Verbal Harassment on School Property, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Had mean rumors/lies spread about you								
0 times	44		51		58			
1 time	21		18		24			
2 to 3 times	20		18		10			
4 or more times	16		13		8			
Had sexual jokes/comments/gestures made to you								
0 times	57		49		55			
1 time	17		15		13			
2 to 3 times	11		13		11			
4 or more times	15		23		21			
Been made fun of because of your looks/way talk								
0 times	47		59		70			
1 time	22		9		14			
2 to 3 times	14		15		6			
4 or more times	17		17		10			

Question HS A.70-72/MS A.58-60: During the past 12 months, how many times on school property have you...?

Table A5.2
Physical Violence on School Property, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Been pushed, shoved, hit, etc.								
0 times	51		68		82			
1 time	23		7		10			
2 to 3 times	11		11		3			
4 or more times	16		14		6			
Been afraid of being beaten up								
0 times	65		76		92			
1 time	21		15		7			
2 to 3 times	7		3		1			
4 or more times	7		6		1			
Been in physical fight								
0 times	67		79		84			
1 time	17		10		9			
2 to 3 times	8		6		2			
4 or more times	8		5		4			

Question HS A.67-69/MS A.55-57: During the past 12 months, how many times on school property have you...

Table A5.3
Property Damage on School Property, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Had property stolen/damaged								
0 times	74		77		85			
1 time	14		14		9			
2 to 3 times	7		7		4			
4 or more times	5		3		2			
Damaged school property on purpose								
0 times	82		88		91			
1 time	11		6		5			
2 to 3 times	5		2		3			
4 or more times	2		4		1			

Question HS A.73, 75/MS A.61, 63: During the past 12 months, how many times on school property have you...?

Table A5.4
Weapons Possession on School Property, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Carried a gun								
0 times	92		95		99			
1 time	3		3		0			
2 or more times	5		2		1			
Carried any other weapon								
0 times	86		87		92			
1 time	6		6		2			
2 or more times	7		7		6			

Question HS A.76-77/MS A.64-65: During the past 12 months, how many times on school property have you...?

Table A5.5***Awareness and Use of Weapons on School Property, Past 12 Months***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Seen someone with a weapon								
0 times	52		68		75			
1 time	23		12		10			
2 or more times	25		20		15			
Been threatened/injured with a weapon								
0 times	89		92		96			
1 time	7		6		1			
2 or more times	4		2		3			

Question HS A.79, 78/MS A.67, 66: During the past 12 months, how many times on school property have you...

Table A5.6***Peer Disapproval of Weapon Possession***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
A lot	63		65		65			
Some	20		15		17			
Not much	7		9		8			
Not at all	11		11		9			

Question HS A.86/MS A.74: How much would your friends disapprove of you for carrying a weapon to school?

Table A5.7

Reason for Harassment on School Property, Past 12 Months

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Race, Ethnicity, or National Origin								
0 times	80		82		86			
1 time	8		8		9			
2 or more times	12		10		5			
Religion								
0 times	92		93		94			
1 time	5		4		3			
2 or more times	3		2		2			
Gender								
0 times	92		92		97			
1 time	4		5		2			
2 or more times	4		3		1			
Sexual Orientation *								
0 times	91		93		96			
1 time	6		2		1			
2 or more times	4		5		2			
Physical/Mental Disability								
0 times	93		96		95			
1 time	3		0		3			
2 or more times	4		3		2			
<i>Any of the Above Five Hate-Crime Reasons</i>								
	33		23		23			
Any Other Reason								
0 times	72		77		86			
1 time	14		9		6			
2 or more times	15		14		7			
<i>Any Harassment</i>								
	46		36		29			

Question HS A80-85/MS A.68-73 During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?

* "Because you are gay or lesbian or someone thought you were."

Table A5.8***Gang Involvement, Current***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
No	92		91		90			
Yes	8		9		10			

Question HS A.88/MS A.77: Do you consider yourself a member of a gang?

Table A5.9***Physical Violence by Boy/Girlfriend, Past 12 Months***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Does not apply, didn't have a boy/girlfriend	48		42		32			
No	51		49		64			
Yes	1		9		4			

Question HS A.89/MS A.78: During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

Table A5.10***Perceived Safety of School***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Very safe	17		15		18			
Safe	40		40		46			
Neither safe nor unsafe	33		36		35			
Unsafe	6		4		1			
Very unsafe	5		5		0			

Question HS A.87/MS A.75: How safe do you feel when you are at school?

6. Physical and Mental Health

Table A6.1

Eating/Drinking of Fruits and Vegetables at Least Once per Day, Past 24 Hours

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
100% fruit juices	71		67		72			
Fruit	82		81		79			
Vegetables	77		71		72			
<i>Five or more portions of any</i>	53		48		42			

Question HS A.16, 18-19/MS A.15, 17-18: During the past 24 hours (yesterday), how many times did you...

Table A6.2

Drinking of Milk and Eating of Yogurt, Past 24 Hours

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	9		20		17			
1 time	21		20		29			
2 times	24		17		28			
3 times	16		18		11			
4 times	6		10		4			
5 or more times	24		15		11			

Question HS A.14/MS A.13: During the past 24 hours (yesterday), how many times did you drink milk or eat yogurt? (In any form, including in cereal.)

Table A6.3***Drinking of Soda Pop, Past 24 Hours***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	25		23		32			
1 time	34		30		41			
2 times	17		18		12			
3 times	12		11		4			
4 times	4		6		6			
5 or more times	9		13		6			

Question HS A.15/MS A.14: During the past 24 hours (yesterday), how many times did you drink soda pop?

Table A6.4***Eating of Fried Potatoes, Past 24 Hours***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 times	31		33		48			
1 time	34		30		32			
2 times	19		14		9			
3 times	6		8		5			
4 times	4		5		3			
5 or more times	6		9		3			

Question HS A.17/MS A.16: During the past 24 hours (yesterday), how many times did you eat french fries, potato chips, or other fried potatoes?

Table A6.5***Eating of Breakfast***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
No	34		43		48			
Yes	66		57		52			

Question HS A.20/MS A.19: Did you eat breakfast today?

Table A6.6***Exercise on at Least Three of the Past Seven Days***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Exercise or do a physical activity for at least 20 minutes that made you sweat and breathe hard	87		82		71			
Participate in a physical activity for at least 30 minutes that did not make you sweat and breathe hard	59		62		59			
<i>Either</i>	95		88		82			

Question HS A.11-12/MS A.10-11: On how many of the past 7 days did you...?

Table A6.7***Frequency of Exercise to Strengthen or Tone Muscles, Past Seven Days***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
0 days	11		22		18			
1 - 2 days	15		23		28			
3 or more days	73		55		53			

Question HS A.13/MS A.12: On how many of the past 7 days did you...do exercises to strengthen or tone your muscles? (For example, push-ups, sit-ups, or weight lifting.)

Table A6.8***Frequency of Sad and Hopeless Feelings, Past 12 Months***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
No	74		72		67			
Yes	26		28		33			

Question HS A.90/MS A.79: During the past 12 months, did you ever feel so sad and hopeless almost every day for two weeks or more that you stopped doing some usual activities?

Table A6.9***Students With Asthma***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
No	68		76		78			
Yes	20		9		18			
Don't know	12		15		4			

Question HS A.21/MS A.20: Has a doctor ever told you or your parent/guardian that you have asthma?

Table A6.10***Student Body Mass Index***

	Grade 7	%	Grade 9	%	Grade 11	%	Non Tradition	%
Underweight	1		0		1			
Acceptable	55		68		62			
At risk of overweight	20		19		17			
Overweight	22		13		20			

Questions at End of Survey: How tall are you without your shoes on? How much do you weigh without your shoes on?

Table A3.20

Selected Alcohol and Drug Use Measures, by Gender and Grade

	7th Grade		9th Grade		11th Grade		Non Traditional	
	Female %	Male %	Female %	Male %	Female %	Male %	Female %	Male %
Lifetime and Current ATOD Use								
<i>During your life did you ever...</i>								
drink alcohol (one full drink)?	33	42	65	54	75	74		
use inhalants?	15	12	7	13	10	8		
smoke marijuana?	2	9	11	19	34	28		
<i>During the past 30 days, did you...</i>								
drink alcohol (one full drink)?	22	22	43	38	46	46		
use inhalants?	9	6	5	4	2	1		
smoke marijuana?	2	3	7	11	10	11		
Level of Involvement (High Risk Patterns)								
<i>During your life have you ever...</i>								
been very drunk or sick after drinking alcohol?	12	19	32	31	57	45		
been high from using drugs?	4	4	11	16	24	28		
During the past 30 days, did you drink 5 or more drinks of alcohol in a couple of hours?	7	6	25	25	25	31		
ATOD Use at School								
During your life, have you ever been drunk/high on school property?	2	4	9	13	24	12		
During the past 30 days, did you use marijuana on school property?	1	3	3	3	4	6		
Perceived Harm								
<i>Frequent (daily or almost daily) use of... is harmful.*</i>								
alcohol	92	86	82	86	86	85		
marijuana	96	93	90	89	97	94		

*combines "Extremely Harmful," "Harmful," and "Somewhat Harmful"

Table A4.8***Selected Tobacco Use Measures, by Gender and Grade***

	7th Grade		9th Grade			11th Grade		Non Traditional				
	Female	% Male	%	Female	% Male	%	Female	% Male	%	Female	% Male	%
During your life, did you ever smoke a cigarette?	4	12		16	28		34	23				
During the past 30 days, did you smoke a cigarette?	3	9		5	19		13	13				
During the past 30 days, did you smoke cigarettes daily?	0	0		0	6		1	3				
During the past 30 days, did you smoke cigarettes on school property?	1	4		4	5		4	1				
Frequent use of cigarettes is harmful.*	97	93		91	90		94	99				

*combines "Extremely Harmful," "Harmful," and "Somewhat Harmful"

Table A5.11

Violence-Related Behavior and Experiences, by Gender and Grade

	7th Grade			9th Grade			11th Grade			Non Traditional		
	Female %	Male %	%	Female %	Male %	%	Female %	Male %	%	Female %	Male %	%
<i>During the past 12 months at school, have you been harassed or bullied for any of the following reasons?</i>												
Race, ethnicity, or national origin	13	29		13	24		14	13				
Religion	6	11		4	11		4	8				
Gender	9	6		8	6		4	0				
Gay/lesbian, or someone thought you were	7	12		5	8		3	5				
Physical/mental disability	3	12		4	3		4	7				
Any other reason	27	31		20	24		13	15				
During the past 12 months at school have you been in a physical fight?	23	43		15	27		14	18				
During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?	0	3		9	10		3	5				
Feels safe at school	59	52		58	51		62	66				
Currently belong to a gang?	5	10		5	15		9	12				

Table A6.11***Selected Physical Health and Nutrition Measures, by Gender and Grade***

	7th Grade			9th Grade			11th Grade			Non Traditional		
	Female %	Male %	%	Female %	Male %	%	Female %	Male %	%	Female %	Male %	%
<i>Exercise on at Least Three of the Past Seven Days</i>												
Exercise or do a physical activity for at least 20 minutes that made you sweat and breathe hard	84	90		80	83		64	82				
Participate in a physical activity for at least 30 minutes that did not make you sweat and breathe hard	54	63		67	54		61	55				
<i>Either</i>	93	98		88	88		75	91				
Did you eat breakfast today?	62	70		56	60		49	57				
During the past 12 months, did you ever feel so sad and hopeless almost every day for two weeks or more that you stopped doing some usual activities?	27	25		31	23		43	18				

7. State and National Comparisons

Table A7.1

Alcohol, Tobacco and Drug Use, Comparison with 2003 State CSS and National YRBS*

	Grade 7 % CSS	Grade 9 %		Grade 11 %	
		CSS	YRBS	CSS	YRBS
Lifetime and Current ATOD Use					
<i>During your life did you ever...</i>					
smoke a cigarette? (PI)	6	18	52 ^a	29	60 ^a
chew tobacco or snuff?	1	4	~	8	~
drink alcohol (glass)?	17	43	65	63	79
use inhalants?	6	9	14	9	11
smoke marijuana? (PI)	9	23	31	39	45
<i>During the past 30 days, did you...</i>					
smoke a cigarette? (PI)	5	10	17	15	24
chew tobacco or snuff?	2	2	7	3	8
drink alcohol (glass)? (PI)	10	25	36	37	47
use inhalants?	3	4	5	5	3
smoke marijuana? (PI)	4	12	19	20	24
Level of Involvement (High Risk Patterns)					
<i>During your life have you ever...</i>					
been very drunk or sick after drinking?	7	21	~	41	~
been high from using drugs?	7	20	~	37	~
<i>During the past 30 days, did you...</i>					
drink 5 drinks in a couple of hours?	3	11	20	23	32
ATOD Use at School					
During your life, have you ever been drunk/high on school property?	3	12	~	23	~
During the past 30 days, did you smoke cigarettes on school property?	2	4	8	6	8
Perceived Harm					
<i>Frequent (daily or almost daily) use of... is harmful.</i>					
cigarettes	95	95	~	96	~
alcohol	94	92	~	94	~
marijuana	96	92	~	92	~

(PI) SDFSCA/TUPE Performance Indicator recommended by CDE. ~ This question was not asked on the YRBS.

*YRBS asks about smoking even a puff or two.

*The California Student Survey includes 9th and 11th graders in Continuation/Alternative schools with the data from Comprehensive/Traditional high school students.

Table A7.2

Violence-Related Behavior and Experiences, and Protective Factors, Comparison with 2003 State CSS* and National YRBS

	Grade 7 %	Grade 9 %		Grade 11 %	
	CSS	CSS	YRBS	CSS	YRBS
Violence-Related					
<i>During the past 12 months at school, have you...</i>					
been harassed because of race, ethnicity, gender, sexual orientation, or disability?	27	24	~	23	~
been in a physical fight?	28	26	18	20	10
been afraid of being beaten up? (PI)	25	19	~	14	~
During the past 12 months on school property, did you carry any weapon (gun, knife, or club)?	10	11	~	13	~
How safe do you feel when you are at school? Very Safe. (PI)	23	17	~	13	~
Have you ever belonged to a gang?	10	13	~	9	~
Protective Factors					
High level of caring relationships with teacher or other adult at school (PI)	29	23	~	29	~
High level of high expectations with teacher or other adult at school (PI)	42	34	~	37	~
High level of opportunities for meaningful participation with teacher or other adult at school (PI)	18	16	~	17	~
High level of school connectedness (Total School Assets) at school (PI)	30	23	~	27	~

(PI) SDFSCA/TUPE Performance Indicator recommended by CDE. ~ This question was not asked on the YRBS.

*The California Student Survey includes 9th and 11th graders in Continuation/Alternative schools with the data from Comprehensive/Traditional high school students.

**COLUSA COUNTY
TECHNICAL REPORT
2004-2005 & 2005-2006**

Module B: Resilience & Youth Development



Section B

	Grade 7	Grade 9	Grade 11	Non Tradition
<i>Student Sample Size</i>				
Final Number	157	123	118	

Table B1

Summary of External Assets

Percent of students scoring High, Moderate, and Low in Assets (%)	Grade 7			Grade 9			Grade 11			Non Tradition		
	H	M	L	H	M	L	H	M	L	H	M	L
<i>School Environment</i>												
Total Assets	28	57	15	24	55	21	35	48	17			
Caring Relationships: Adult in School	34	53	13	24	58	17	40	49	12			
High Expectations: Adult in School	47	46	8	35	51	14	47	46	7			
Meaningful Participation	10	58	31	17	45	38	20	55	25			
<i>Community Environment</i>												
Total Assets	54	37	9	50	35	14	63	25	12			
Caring Relationships: Adult in Community	55	36	9	54	32	14	67	26	7			
High Expectations: Adult in Community	54	39	7	51	37	12	65	28	8			
Meaningful Participation	42	43	16	32	45	23	49	29	22			
<i>School Connectedness Scale</i>												
	36	48	16	44	40	16	44	46	10			