

CALIFORNIA

healthy kids

SURVEY

Lake County
Elementary
2006-2008
Technical Report



CALIFORNIA
Safe and Healthy Kids
PROGRAM OFFICE



DUERR
EVALUATION
RESOURCES

WestEd 

Please Note: It is important to interpret these results with caution. Results can be significantly impacted by response rates, the type of parental consent used (passive or active), gender differences, regional variations, and other issues. Some answers to frequently asked questions about these issues can be found at www.wested.org/pub/docs/chks_faq_answers.html. The CHKS is only one of many data sources. Readers are encouraged to read the CHKS Data Use and Dissemination Guidebook available at www.wested.org/pub/docs/chks_guides.html for a complete interpretation of the results.

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Sample Characteristics

Note: Tables 3.1 through 5.3 include results by gender.

Table 1.1

Student Sample Characteristics

	Grade 5
Student Sample Size	
Final Sample (Number of Respondents)	446

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Table 2.1

Age of Sample

	Grade 5 Total %
7 years old, or younger than 7	0
8 years old	0
9 years old	1
10 years old	71
11 years old	27
12 years old	1
13 years old or older than 13	0

Question ES 2, 4: How old are you? What grade are you in?

Table 2.2

Gender of Sample

	Grade 5 Total %
Female	54
Male	46

Question ES 3: Are you female or male?

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Table 2.3

Number of Times Moved, Past Year

	Grade 5 Total %
0 times	54
1 time	25
2 times or more times	21

Question ES 5: During the past year, how many times have you moved (changed where you live)?

Table 2.4

Perceived Ability With School Work

	Grade 5 Total %
One of the best students	22
Better than most students	21
About the same as others	49
Don't do as well as most others	8

Question ES 16: How well do you do in your school work?

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Alcohol and Other Drug (AOD) Use

Table 3.1

Ever Used Alcohol or Other Drugs, Lifetime

	Grade 5		
	Female %	Male %	Total %
Alcohol, one or two sips	27	20	23
Alcohol, a full glass	4	5	4
Inhalants (to get high)	5	1	3
Marijuana *	5	3	4
<i>None of the above</i>	67	74	70
<i>Any of the above</i>	33	26	30

Questions ES 32, 33, 34: Have you ever drunk beer, wine, or other alcohol? Have you ever sniffed something through your nose to get "high?" Have you ever smoked any marijuana (pot, grass, weed)?

Table 3.2

Any Alcohol Use, Past Month

	Grade 5		
	Female %	Male %	Total %
No	88	94	91
Yes, I drank one or two sips	9	6	7
Yes, I drank a full glass	3	0	2

Question ES 39: In the past month, did you drink any beer, wine or other alcohol?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

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Table 3.3

Any AOD Use Before/During School, Lifetime

	Grade 5		
	Female %	Male %	Total %
No	95	100	97
Yes	5	0	3

Question ES 35: Have you ever used alcohol or an illegal drug like marijuana before school or at school?

Table 3.4

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5		
	Female %	Male %	Total %
Alcohol			
No, not bad	4	6	5
Yes, a little bad	34	26	30
Yes, very bad	63	68	65
Marijuana			
No, not bad	8	5	6
Yes, a little bad	13	9	11
Yes, very bad	66	70	68
I don't know what marijuana is	13	16	14

*Question ES 37-38: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?
Do you think using marijuana (pot, grass, weed) is bad for a person's health?*

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Tobacco Use

Table 4.1

Lifetime and Current Use of Cigarettes and Smokeless Tobacco

	Grade 5		
	Female %	Male %	Total %
Ever smoked a cigarette *	9	5	7
Part of a cigarette, like one or two puffs	4	3	4
A whole cigarette	4	3	3
Smoked a cigarette in the past month	3	0	2
Ever chewed tobacco or snuff	2	2	2

Questions ES 30, 40, 31. Have you... In the past month, did you...

Table 4.2

Perception of Health Risk of Cigarette Smoking

	Grade 5		
	Female %	Male %	Total %
No, not bad	2	7	5
Yes, a little bad	9	3	6
Yes, very bad	89	90	89

Question ES 36: Do you think smoking cigarettes is bad for a person's health?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

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Violence and Safety

Table 5.1

Perceived Feeling Safe At or Outside of School

	Grade 5		
	Female %	Male %	Total %
Do you feel safe at school?			
No, never	5	8	6
Yes, some of the time	17	19	18
Yes, most of the time	27	27	27
Yes, all of the time *	51	46	48
Do you feel safe outside of school?			
No, never	12	16	14
Yes, some of the time	20	23	21
Yes, most of the time	38	35	36
Yes, all of the time	31	26	29

Question ES 28, 29: Do you feel safe at school? Do you feel safe outside of school?

*** = To be used for the CDE-Recommended**

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Table 5.2

Frequency of Being Harassed on School Property

	Grade 5		
	Female %	Male %	Total %
Been hit or pushed			
No, never	53	39	47
Yes, some of the time	33	31	33
Yes, most of the time	6	16	11
Yes, all of the time	7	13	10
Mean rumors spread about you			
No, never	37	53	45
Yes, some of the time	43	32	37
Yes, most of the time	7	7	7
Yes, all of the time	13	8	10

*Question ES 23, 24: Do other kids hit or push you at school when they are not just playing around?
Do other kids at school spread mean rumors or lies about you?*

Table 5.3

Frequency of Harassing on School Property, Past Year

	Grade 5		
	Female %	Male %	Total %
Have hit or pushed other kids			
0 times	62	46	55
1 time	17	21	19
2 times	10	13	11
3 or more times	12	20	15
Have spread mean rumors about other kids			
0 times	64	76	70
1 time	21	14	17
2 times	7	4	6
3 or more times	9	6	7

Question ES 21, 22: During the past year, how many times have you...hit or pushed other kids at school when you were not playing around? ...spread mean rumors or lies about other kids at school?

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Table 5.4

Weapons (Gun or Knife) on School Property, Past Year

	Grade 5 Total %
Brought weapon to school	
No	96
Yes	4
Saw another kid with a weapon at school	
No	70
Yes	30

Question ES 25, 26: During the past year... did you ever bring a gun or knife to school? ...have you ever seen another kid with a gun or knife at school?

Table 5.5

Frequency of Being Home Without Adult Supervision

	Grade 5 Total %
No, never	49
Yes, some of the time	37
Yes, most of the time	9
Yes, all of the time	5

Question ES 27: Are you home alone after school?

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Table 5.6

Frequency of Seat Belt and Helmet Use

	Grade 5 Total %
When you ride in a car do you wear a seat belt?	
No, never	1
Yes, some of the time	8
Yes, most of the time	18
Yes, all of the time	73
When you ride a bicycle do you wear a helmet?	
I do not ride a bicycle	14
No, never	18
Yes, some of the time	17
Yes, most of the time	14
Yes, all of the time	36

Question ES 7, 8: When you ride in a car do you wear a seat belt? When you ride a bicycle do you wear a helmet?

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Physical Health

Table 6.1

Breakfast Consumption

	Grade 5 Total %
No	22
Yes	78

Question ES 6: Did you eat breakfast this morning?

Table 6.2

Exercise During Week

	Grade 5 Total %
0 days	7
1 day	6
2 days	11
3 days	14
4 days	8
5 days	12
6 or 7 days	43

Question ES 50: How many days each week do you exercise, dance, or play sports?

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Table 6.3

Frequency of Daily Television Watching and Video Game Playing

	Grade 5 Total %
None, I didn't watch TV yesterday	21
Less than 1 hour	29
About 1 hour	23
About 2 hours	13
3 or more hours	13

Question ES 53: Yesterday, how much time did you spend watching TV or playing video games?

Table 6.4

Body Image

	Grade 5 Total %
Do you think you are...	
Too skinny	11
About right	73
Too fat	16
Are you doing anything to try to lose weight?	
No	52
Yes	48
Ever been teased about your body at school?	
No	58
Yes	42

Question ES 47-49: Do you think you are too skinny, about right, or too fat? Are you doing anything to try to lose weight? Have other kids at school ever teased you about what your body looks like?

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Table 6.5

Students with Asthma

	Grade 5 Total %
No	78
Yes	22

Question ES 52: Has a parent or some other adult ever told you that you have asthma?

Table 6.6

Asthma Symptoms While Not Exercising

	Grade 5 Total %
No	74
Yes	26

Question ES 51: When not exercising, do you ever have trouble breathing (for example, shortness-of-breath, wheezing, or a sense of tightness in your chest)?

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Table 7.1

External and Internal Asset Scores (High, Moderate, and Low)

Percent of students scoring High, Moderate, and Low in Assets (%)	Grade 5		
	H	M	L
Total External Assets	60	38	2
Caring Relationships	69	30	1
High Expectations	81	18	1
Meaningful Participation	17	74	9
School Environment	50	46	4
Caring Relationships: Adults in School *	51	44	4
High Expectations: Adults in School *	65	33	2
Meaningful Participation *	19	62	18
Home Environment	79	19	2
Caring Relationships: Adults in Home	72	25	3
High Expectations: Adults in Home	90	8	2
Meaningful Participation	17	77	6
Personal School Connectedness*	54	41	5
Peer Environment			
High Expectations: Pro-social peers	35	60	5
Total Internal Assets	59	38	2
Empathy	35	59	6
Problem Solving	33	60	7
Goals and Aspirations	79	20	1

* = CDE-Recommended SDFSC/TUPE Performance Indicator

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Table 8.1

SDFSCA/TUPE Performance Indicators Recommended by CDE

Performance Indicator	5th Grade %
Tobacco Use	
The Percentage of students that have ever used cigarettes*	7%
Drug Use	
The percentage of students that have ever used marijuana**	4%
Safe Schools and Violence	
The percentage of students that feel very safe at school***	48%
Protective Factors	
The percentage of students that report high levels of caring relationships with a teacher or other adult at their school	51%
The percentage of students that report high levels of high expectations from a teacher or other adult at their school	65%
The percentage of students that report high levels of opportunities for meaningful participation at their school	19%
The percentage of students that report high levels of personal school connectedness	54%

*Includes students who smoked part of a cigarette and those who smoked a whole cigarette.

**Excludes students who answered "I don't know what marijuana is"

***Elementary students are asked how often they feel safe at school rather than how safe they felt, as in the secondary survey. This table reports those students who responded, "Yes, all of the time."