

EARLY START INSTITUTES

*Evidence-Based Knowledge and Skillbuilding
for Early Intervention Service Providers
and Early Start Service Coordinators*

09/10



Sponsored by the California Department of Developmental Services under the Early Start Comprehensive System of Personnel Development and coordinated by the WestEd Center for Prevention and Early Intervention

DEAR EARLY START COMMUNITY,

It gives me great pleasure to introduce the 2009-10 Early Start Institute Series. The Early Start Institutes are one component of California's Comprehensive System of Personnel Development (CSPD) for Part C of the Individuals with Disabilities Education Act (IDEA). These Institutes make a vital contribution to California's efforts to ensure a qualified, trained cadre of professionals is available throughout the State to serve infants and toddlers with disabilities and their families.

Highlights

As part of our quality assurance efforts, and in recognition of the scope of the content delivered, the Early Start Institute curriculum has been refined as follows:

- An online learning community is now available. Visit our website at www.wested.org/cpei for news and updates.
- We are going green! Institute binders have been downsized with all materials and resources available on flash drives at the Institutes.
- The Advanced Practice Institute is scheduled for February 1-2, 2010 in Redondo Beach.
- To meet the needs of our more experienced practitioners and to take full advantage of their expertise, more opportunities to share knowledge are available in the afternoon workshops.

We are confident that the Early Start Institutes will be of great interest and benefit to the entire Early Start service community. Please register early to ensure your participation. Also, remember that a generous scholarship program is available to assist with your participation as an Early Start professional.

Thank you for contributing so much to the lives of our youngest, most vulnerable children and their families.

Sincerely,

Virginia Reynolds

Program Director,

WestEd Center for Prevention and Early Intervention

ICC Parent Leadership Award for 2008-09

LINDA NIEMEYER

The California Interagency Coordinating Council (ICC) on Early Intervention awarded Linda Niemeyer the 2008-09 Parent Leadership Award in recognition of her outstanding leadership and work on behalf of families with children who have disabilities and other special needs. Linda has made a significant difference to children and families throughout the State of California.

The ICC Parent Leadership Award was established during the 2003-04 program year. It was designed to acknowledge a parent or grandparent who has shown outstanding leadership in addressing issues under Part C of the Individuals with Disabilities Education Act (IDEA). The award recipient represents California at the annual National Early Childhood Education Conference in conjunction with the Infant Toddler Coordinator Association.

Linda became a mother to a child with special needs when her daughter, Krystal, was born in November 1992, as a 24-week preemie. Having her third child born 16 weeks

early brought many challenges to her and her family. Linda found the services of Early Start and the support of the Early Start Family Resource Network (ESFRN) to be invaluable during those early years.

Linda became the ESFRN Parent Representative for the East Valley Early Start Program with the San Bernardino County Superintendent of Schools in 1997. She provided parent-to-parent support, information, and resources to families who have children with special needs. She also started a Down Syndrome support group, which she continues to facilitate and which has evolved into a support group for all families who have children with special needs. Linda also provided SIBSHOPS for siblings of children with special needs, and information and resources for infant teachers and professionals.

Linda accepted the position of ESFRN Parent Coordinator in 2002, where she provided training and support for the 14 Parent Representatives throughout San Bernardino and Riverside Counties. She also coordinated and participated in public awareness events and speaking engagements. Currently, Linda is the ESFRN Coordinator, overseeing all aspects of providing support to Early Start



families and Parent Representatives. Linda was essential in implementing an Assistive Technology Screening Program with Inland Regional Center and in June 2006, she received a Competency Certificate in Preschool/Early Childhood Assistive Technology Applications from the National Association of State Directors of Special Education. In March 2008, Linda received a Certificate in Advanced Professional Development for Assistive Technology Applications from California State University Northridge. Linda continues to provide parent-to-parent support to families whenever possible and enjoys working with the amazing team of parents at the ESFRN and the Family Resource Centers Network of California.

FREQUENTLY ASKED QUESTIONS

Q. Which Institute meets my needs?

A. Check the table below

| You are: | Early Start Essentials Institute | Early Start Skillbuilder Institutes | Advanced Practice Institute | Family Resources and Supports Institute |
|---|----------------------------------|-------------------------------------|-----------------------------|---|
| New to Early Start service coordination or early intervention | ✓ | ✓ | ★ | ★ |
| Some Early Start EI experience or seeking refresher | ★ | ✓ | ✓ | ★ |
| Experienced in EI and/or seeking leadership knowledge | ★ | ★ | ✓ | ✓ |
| Family support service provider or family member | ✓ | ★ | ★ | ✓ |

Legend: ✓ - Geared specifically to your needs ★ - May benefit from attending

Q. Does the registration process differ for an Early Start service coordinator, an early intervention service provider, or a family member/Family Resource Center staff?

A. No. All participants register the same way and are offered the option to choose breakout sessions of interest. However, for the Early Start Essentials Institute and the Early Start Skillbuilder Institutes, participants are asked to register for either the service provision track or the service coordination track. The afternoon workshops are tailored differently to meet the needs of each group of professionals. Some workshops combine the provision and coordination tracks (joint sessions).

Q. Are scholarships available?

A. Yes! The California Early Start Personnel Development Fund is available to those who want to attend the Institutes and are eligible to apply. For more information and application packets visit www.wested.org/cpei. Apply now.

Q. Is there an advantage to registering early?

A. Yes! Enrollment is limited. Early registration is recommended.

Q. Is there a registration deadline?

A. Yes. Institute registration is available online, up to two weeks prior to the event depending upon space availability. Within two weeks of

the training venue, please call WestEd at 916.492.4018 to determine space availability. Participants staying at the training hotels must make hotel reservations at least one month in advance to receive the negotiated state rate.

Q. How can I find out more information?

A. You may visit our website at www.wested.org/cpei for Early Start Institute information. You may also contact Kelly Young, Early Start Institute Coordinator, at 916.492.4054 or Michael Miguelgorry, DDS CSPD Coordinator, at 916.653.4017. If your question is about California's Early Start system, please visit the Early Start website at www.dds.ca.gov/earlystart.



EARLY START ESSENTIALS

Tailored to:

- Those new to Early Start
- Family support service providers or family members

This three-day evidence-based Institute is specifically geared to early interventionists and service coordinators new to the California Early Start system. Experts in the field present interactive lectures and hands-on workshops highlighting the foundation of Early Start services. Participants are given opportunities to practice and problem-solve the strategies presented. Along with the Institute binder, the *Early Start Service Coordinators Handbook* is given to all participants. At the Institute, time and activities are dedicated to the use of this valuable tool.

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NORTH **OCTOBER 20-22, 2009** **SACRAMENTO, CA**

Registration Deadline: October 6, 2009
Material Fee \$90

Doubletree Sacramento
2001 Point West Way
Sacramento, CA 95815
916.929.8855
www.sacramento.doubletree.com

A special room rate of \$84 single/\$99 double is available until September 19, 2009. Parking is free. You must identify yourself as a participant of the Early Start Institute to receive this rate with the available dates.

SOUTH **APRIL 12-14, 2010** **LOS ANGELES, CA**

Registration Deadline: March 29, 2010
Material Fee \$90

Crowne Plaza LAX
5985 Century Blvd
Los Angeles, CA 90277
310.642.7500
www.crowneplaza.com/lax-intlapt

A special room rate of \$110 single/double is available until March 12, 2010. Parking is \$8 per day. You must identify yourself as a participant of the Early Start Institute to receive this rate with the available dates.

Onsite registration is from 7:30 a.m.-8:30 a.m.
Training sessions are 8:30 a.m.-4:15 p.m.

DAY ONE

Morning Lecture: Early Start - Supporting Families from Referral Through Transition

Afternoon Workshops:

- Service Coordination Track
 - ☞ The Building Blocks of an Effective IFSP Process
 - ☞ Facilitating Successful Transitions (Joint Session)
- Service Provision Track
 - ☞ Using Resources to Ensure Evidence-Based Practice
 - ☞ Facilitating Successful Transitions (Joint Session)

DAY TWO

Morning Lecture: The Child

Afternoon Workshops:

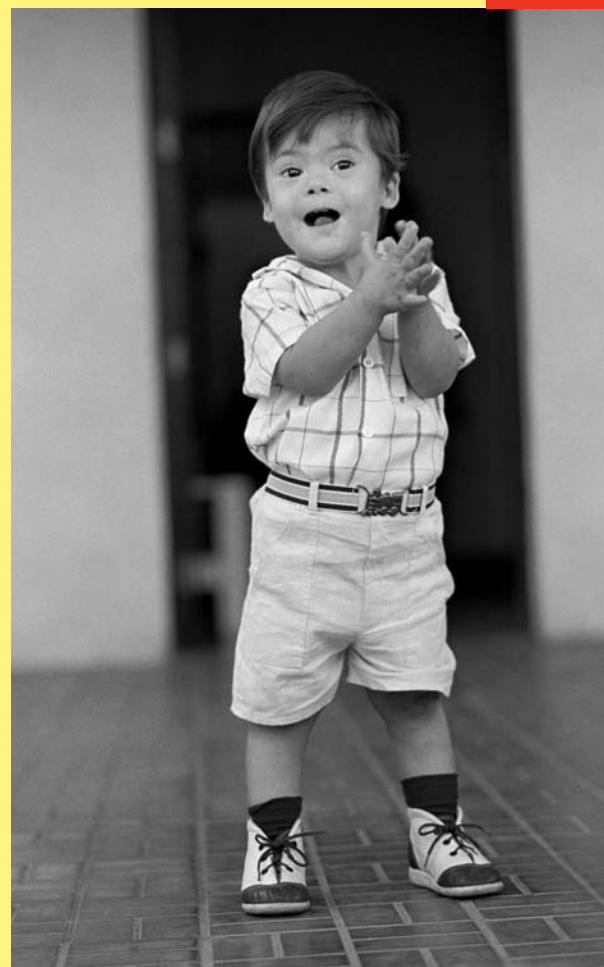
- Service Coordination Track
 - ☞ Service Coordinator's Role in Quality Assurance and Data Collection
 - ☞ Services in Natural Environments (Joint Session)
- Service Provision Track
 - ☞ Assessment Strategies
 - ☞ Services in Natural Environments (Joint Session)

DAY THREE

Morning Lecture: The Family

Afternoon Workshops:

- Service Coordination Track
 - ☞ Facilitating Family-Focused Outcomes
 - ☞ Relationship-Based Early Intervention (Joint Session)
- Service Provision Track
 - ☞ Facilitating Play to Enhance Development
 - ☞ Relationship-Based Early Intervention (Joint Session)



EARLY START SKILLBUILDER I:

FACILITATING RELATIONSHIPS, COMMUNICATION, & BEHAVIOR

Tailored to:

- Those new to Early Start
- Those with some Early Start experience or seeking a refresher

Early Start Skillbuilder Institutes incorporate interactive lectures by experts in the field, case-based workshops to practice skills, useful resources, and networking.

This Skillbuilder Institute, Facilitating Relationships, Communication, & Behavior, concentrates on the pivotal role of relationships and communication both within the family system and between the family and professionals, including unique challenges for the early interventionist and Early Start Service Coordinator. In addition, strategies to address the communication, self-regulatory, and behavioral challenges of young children are highlighted.

NOVEMBER 30-DECEMBER 1, 2009
REDONDO BEACH, CA

Registration Deadline: November 16, 2009
Material Fee \$90

Crowne Plaza Redondo Beach
300 N. Harbor Drive
Redondo Beach, CA 90277
310.318.8888
www.cpsplash.com

A special room rate of \$110/single/double is available until October 31, 2009. Parking is \$10 per day. You must identify yourself as a participant of the Early Start Institute to receive this rate with the available dates.

Onsite registration is from 7:30 a.m.-8:30 a.m.
Training sessions are 8:30 a.m.-4:15 p.m.



DAY ONE

Morning Lecture: Relationships and Communication

Afternoon Workshops:

- Service Coordination Track
 - ⇒ The Impact of Relationships on Social and Emotional Development (Joint Session)
 - ⇒ Families At Risk for Abuse and Neglect: Implications and Strategies
- Service Provision Track
 - ⇒ The Impact of Relationships on Social and Emotional Development (Joint Session)
 - ⇒ Facilitating Communication in Infants and Toddlers with Special Needs

DAY TWO

Morning Lecture: Behavior, Self-Regulation, and Autism

Afternoon Workshops:

- Service Coordination Track
 - ⇒ Early Intervention Services for Young Children with Autism and Their Families (Joint Session)
 - ⇒ Coordinating Services for Infants and Toddlers with Challenging Behavior
- Service Provision Track
 - ⇒ Early Intervention Services for Young Children with Autism and Their Families (Joint Session)
 - ⇒ Infant and Toddler Behavior and Self-Regulation



EARLY START SKILLBUILDER II:

FACILITATING HEALTH & MOVEMENT

Tailored to:

- Those new to Early Start
- Those with some Early Start experience or seeking a refresher

Early Start Skillbuilder Institutes incorporate interactive lectures by experts in the field, case-based workshops to practice skills, useful resources, and networking.

This Skillbuilder Institute, Facilitating Health & Movement, focuses on neuromotor and significant health care needs of young children with disabilities and their families.

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MAY 11-12, 2010
FOSTER CITY, CA

Registration Deadline: April 27, 2010
Material Fee \$90

Crowne Plaza Foster City
1221 Chess Drive
Foster City, CA 94404
650.570.5700
www.crowneplaza.com/sfo-peninsula

A special room rate of \$140/single/double is available until April 24, 2010. Parking is free. Mention booking CODE SKB to receive this rate with the available dates.

Onsite registration is from 7:30 a.m.-8:30 a.m.
Training sessions are 8:30 a.m.-4:15 p.m.

DAY ONE

Morning Lecture: The Impact of Medical Conditions on Children and Their Families

Afternoon Workshops:

- Service Coordination Track
 - ⇒ Supports and Outcomes for Children with Special Health Care Needs
 - ⇒ Medical Equipment and Assistive Technology for Early Intervention (Joint Session)
- Service Provision Track
 - ⇒ Supporting Children with Special Health Care Needs in Their Natural Environments
 - ⇒ Medical Equipment and Assistive Technology for Early Intervention (Joint Session)

DAY TWO

Morning Lecture: Movement, Postural Control, and Self-Help Skills

Afternoon Workshops:

- Service Coordination Track
 - ⇒ Outcomes and Services for Children with Motor and Neurological Challenges
 - ⇒ The Health Status Review
- Service Provision Track
 - ⇒ Strategies to Enhance Feeding Skills in Infants and Toddlers with Special Needs
 - ⇒ Effective Strategies for Infants and Toddlers with Motor and Neurological Challenges



EARLY START SKILLBUILDER III:

FACILITATING COGNITION & EARLY LEARNING

Tailored to:

- Those new to Early Start
- Those with some Early Start experience or seeking a refresher

Early Start Skillbuilder Institutes incorporate interactive lectures by experts in the field, case-based workshops to practice skills, useful resources, and networking.

The Skillbuilder Institute, Facilitating Cognition & Early Learning, introduces strategies to support early learning and promote positive transition from the Early Start system. The impact of vision and hearing challenges on cognition and early learning is also explored.

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JUNE 8-9, 2010
FOSTER CITY, CA

Registration Deadline: May 28, 2010
Material Fee \$90

Crowne Plaza Foster City
1221 Chess Drive
Foster City, CA 94404
650.570.5700
www.crowneplaza.com/sfo-peninsula

A special room rate of \$140.00 single/double is available until May 24, 2010. Parking is free. Mention booking CODE SBR to receive this rate with the available dates.

Onsite registration is from 7:30 a.m. - 8:30 a.m.
Training sessions are 8:30 a.m. - 4:15 p.m.

DAY ONE

Morning Lecture: Cognition and Early Learning

Afternoon Workshops:

- Service Coordination Track
 - ⇒ From Early Intervention to Public Preschool Services
 - ⇒ Preparing Families to Effectively Navigate a New System (Joint Session)
- Service Provision Track
 - ⇒ Facilitating Early Literacy
 - ⇒ Preparing Families to Effectively Navigate a New System (Joint Session)

DAY TWO

Morning Lecture: Vision, Hearing, and Early Learning

Afternoon Workshops:

- Service Coordination Track
 - ⇒ Planning and Coordinating Services and Supports for Children Who are Deaf and Hard of Hearing
 - ⇒ Planning and Coordinating Services and Supports for Children with Vision Challenges
- Service Provision Track
 - ⇒ Effective Strategies for Working with Children Who are Deaf and Hard of Hearing
 - ⇒ Effective Strategies for Working with Children with Vision Challenges



EARLY START ADVANCED PRACTICE INSTITUTE

Innovative Practices Leading to Competence and Confidence (C²)

Tailored to:

- Those with some Early Start experience
- Those advanced in early intervention and/or seeking leadership knowledge

The Early Start Advanced Practice Institute (API) provides timely information on topics of critical interest to experienced Early Start managers, supervisors, service coordinators, family support personnel, and service providers working with infants and toddlers eligible for Early Start and their families.

Highlights:

- Keynote lectures from nationally known experts in the field
- Policy lectures and workshops pertinent to Early Start policy changes
- Networking and topical discussion events with colleagues

FEBRUARY 1-2, 2010
REDONDO BEACH, CA

Registration Deadline: January 22, 2010
Material Fee \$90

Crowne Plaza Redondo Beach
300 N. Harbor Drive
Redondo Beach, CA 90277
310.318.8888
www.cpsplash.com

A special room rate of \$110/single/double is available until January 2, 2010. Parking is \$10 per day. You must identify yourself as a participant of the Early Start Institute to receive this rate with the available dates.

Watch for more information about the Early Start Advanced Practice Institute. The catalogue and registration materials will be available, in print and online (www.wested.org/cpei), December 2009.



FAMILY RESOURCES AND SUPPORTS INSTITUTE

MARCH 17-18, 2010

SAN DIEGO, CA

Material Fee \$60

Bahia Resort Hotel

908 West Mission Bay Drive

San Diego, CA 90277

800-576-4229

www.bahiahotel.com

A special room rate of \$110 single/\$130 double is available until February 12, 2010. Parking is free. You must identify yourself as a participant of the Family Resources and Supports Institute (FRSI) to receive this rate with the available dates.

FRSI provides training to personnel working in the arena of family support. Through intensive, interactive breakout sessions conducted by experienced parent-professionals and their partners, participants:

- Gain abilities, skills, and knowledge to support their work with families
- Collect timely information on a wide variety of topics and resources important to families of infants and toddlers served under Early Start
- Network and recharge with colleagues

Watch for more information about the Family Resources and Supports Institute. The catalogue and registration materials will be available, in print and online (www.wested.org/cpei), January 2010.



EARLY START CONTACT LIST

Department of Developmental Services

1600 Ninth Street
P.O. Box 944202
Sacramento, CA 94244-2020
www.dds.ca.gov/earlystart
916.654.2773
916.654.3255 Fax

Rick Ingraham, *Part C Coordinator*
Kevin Brown, *Early Start Section Chief*
Patric Widmann, *Early Start State Services
Unit Supervisor*
Michael Miguelgorry, *Early Start CSPD
Coordinator*
Erin Paulsen, *Early Start Local Support
Unit Supervisor*

California Department of Education

Special Education Division
1430 N Street
P.O. Box 944272
Sacramento, CA 95814
www.cde.ca.gov/spbranch.sed
916.445.4613
916.327.3516 Fax

Mary Hudler, *Director of Special Education
Division*
Pamela Quiroz, *Consultant, Early Start Liaison*
Meredith Cathcart, *Consultant*
Nancy Sagar, *State Special Schools & Services
Division, Newborn Hearing Screening*

Family Resource Centers Network of California (FRCNCA)

c/o Support for Families of Children
with Disabilities
2601 Mission Street, Suite 606
San Francisco, CA 94110
415.282.7494
415.282.1226 Fax
www.frcnca.org

Debbie Sarmento, *Coordinator*
Linda Joy Landry, *Chair*

WestEd Center for Prevention and Early Intervention

1107 9th Street, 4th floor
Sacramento, CA 95814-3608
916.492.4000
916.492.4002 Fax
www.wested.org/cpei

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Monica Mathur, *Early Childhood Development
Specialist*
Laura Romero, *Administrative Assistant,
Institute Logistics*
Keisha Shields, *Project Assistant*

CALIFORNIA EARLY START PERSONNEL DEVELOPMENT FUND

Scholarships supporting professional development for personnel who provide early intervention services

The Early Start Personnel Development Fund provides supplemental funding to assist personnel in local programs and agencies in:

- 1) Attending statewide early intervention training opportunities
- 2) Implementing local training events that address community-specific training needs
- 3) Encouraging professionals to specialize in the field of early intervention by enrolling in Early Intervention college coursework
- 4) Establishing or refining innovative procedures or processes to enhance the quality of Early Start services

Personnel Development Attendance Scholarships

To encourage personnel who deliver early intervention services and those involved during transition to attend training opportunities focused on early intervention, such as:

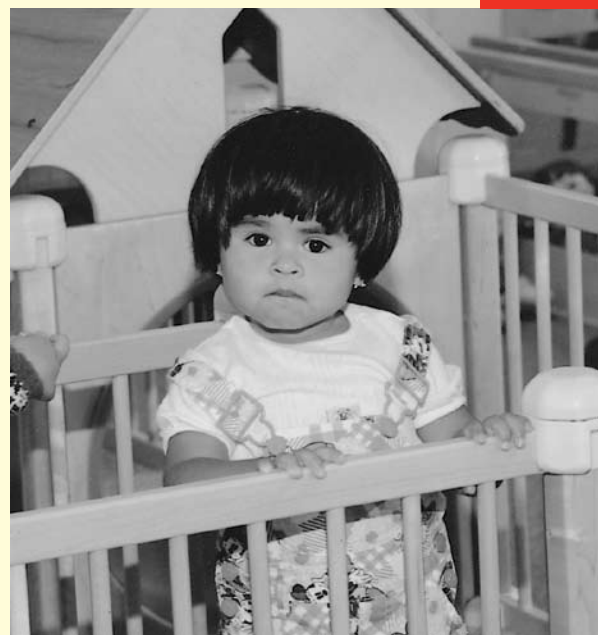
- Early Start CSPD Institutes
- State and local conferences
- Interagency training events
- State-facilitated trainings
- Field-based training activities

Eligible applicants:

- Regional center Early Start staff
- Regional center-vendored early intervention service providers
- Regional center individually vendored specialized consultants
- Early Start Service Coordinators
- Local education agency early intervention staff
- Child development program staff who provide early intervention services to infants and toddlers eligible for Early Start or staff involved during the transition from Early Start

*For more information on eligibility, submission timelines, and application packets, contact WestEd CPEI at 800.869.4337 or 916.492.4018.

Information and application packets are also available at www.wested.org/cpei.



EARLY START STATEWIDE INSTITUTE REGISTRATION

Space is limited, please register early.

To register, visit www.wested.org/cpei

If you need assistance with registration:

- WestEd at 916.492.4018 or
- Email lromero@wested.org

If payment of the Institute material fee is not submitted in advance, it will be collected at the registration table.

METHODS OF PAYMENT

Payment may be made by personal check, business check, purchase order (PO), or money order. WestEd cannot accept payment by credit card. Checks, POs, and money orders should be made payable to WestEd. There is a \$25 fee for all returned checks.

CONFIRMATION

A confirmation of registration for the Institute will be sent to participants. If registration is received late, confirmation may be obtained by phone. WestEd cannot be held responsible for non-refundable travel or hotel arrangements made prior to a confirmation.

CANCELLATION/ REFUNDS

- All cancellations must be in writing.
- Refunds for cancellations received:
 - ⇒ More than 30 days before Institute: Full amount less a \$10 processing fee.
 - ⇒ 14-29 days before event: 50% refund
 - ⇒ Less than 14 days: No refund, payment will be used to cover materials expenses.
- If WestEd cancels an Institute, all materials fees will be refunded. If you have questions regarding refunds, please contact WestEd at 916.492.4018.

CONTINUING EDUCATION UNITS (CEU)

- CEUs are offered through California State University, Sacramento for \$50-\$60.
- LCSW and MFTs are offered for \$10/hour through the Board of Behavioral Sciences
- Provider approved by the California Board of Registered Nursing for five contact hours per training day at \$10/hour.
- Provider approved by the California Speech-Language Pathology and Audiology Board for five contact hours per training day at \$10/hour.

Non-refundable payment for CEUs is accepted at the registration table on the first day of the Institute. For more information, contact WestEd at 916.492.4050 or pguerre@wested.org.



CORE MESSAGES FOR TRAINING ACTIVITIES

Early childhood from birth to age 5 is a dynamic period of development.

Family is the single most important influence on the growth and development of a young child.

Family and professional partnerships contribute to quality service delivery systems.

Every young child with disabilities and other special needs and every family has strengths.

Culture, language, and value differences among families are respected.

Teachable moments occur in everyday activities.

Interagency and interdisciplinary partnerships improve the experiences of children and families.

Validated, evidence-based research guides practice.

Effective systems of personnel development provide opportunities for building skills, supporting mentors, and fostering leadership.

Developed by the California Training and Technical Assistance Collaborative (TTAC), an interagency partnership dedicated to delivering quality personnel development activities for personnel who serve children ages birth to 5 with disabilities and other special needs and their families. TTAC believes early childhood training and technical assistance activities guided by these messages promote positive outcomes for young children and their families.



2009-2010 EARLY START INSTITUTES

October 20-22, 2009 • Sacramento

Early Start Essentials North

Day One: Early Start - Supporting Families from Referral Through Transition
Day Two: The Child
Day Three: The Family

November 30-December 1, 2009 • Redondo Beach

Skillbuilder I: Facilitating Relationships, Communication, & Behavior

Day One: Relationships and Communication
Day Two: Behavior, Self-Regulation, and Autism

February 1-2, 2010 • Redondo Beach

Advanced Practice Institute

Innovative Practices Leading to Competence and Confidence (C²)

COMING! Catalogue and registration materials for this event will be available December 2009.

March 17-18, 2009 • San Diego

Family Resources and Supports Institute

COMING! Catalogue and registration materials for this event will be available January 2010.

April 12-14, 2010 • Los Angeles

Early Start Essentials South

Day One: Early Start - Supporting Families from Referral Through Transition
Day Two: The Child
Day Three: The Family

May 11-12, 2010 • Foster City

Skillbuilder II: Facilitating Health and Movement

Day One: The Impact of Medical Conditions on Children and Their Families
Day Two: Movement, Postural Control, and Self-Help Skills

June 8 - 9, 2010 • Sacramento

Skillbuilder III: Facilitating Cognition & Early Learning

Day One: Cognition and Early Learning
Day Two: Vision, Hearing, and Early Learning

PRESORT FIRST CLASS
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SACRAMENTO, CA



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1107 9th Street, 4th Floor • Sacramento, CA 95814