

Table 1. Learning Opportunities for Middle School Families

Family learning workshops	Expert person or team	Suggested timeline
Tips and Tricks for Successfully Navigating the Transition Into Middle School	<ul style="list-style-type: none">• Assistant principals• Counselors• 8th grade students	March–April
Stay in the Know by Learning to Use the Parent Portal to Monitor Student Progress	<ul style="list-style-type: none">• Media center• Teachers	August–September
Growing Up in a Digital World (Social Media and Internet Safety)	<ul style="list-style-type: none">• Counselors• Teachers	September–October
Why Is My Teen Doing That?	<ul style="list-style-type: none">• Counselors• Community partner	October–November
Need Academic Help and Support? We Are Here to Help	<ul style="list-style-type: none">• Counselors• Teachers	October–November
The Importance of Healthy Relationships in Adolescence	<ul style="list-style-type: none">• Counselors• Community partner	November–December
The ABCs of Testing in Middle School	<ul style="list-style-type: none">• Testing coordinator• Principal	October–November
Help Your Child With Time Management	<ul style="list-style-type: none">• Counselors• Community partner	January–February
The Many Benefits of Extracurricular Activities	<ul style="list-style-type: none">• Coaches• Support staff• Community partners• 8th grade students	March–April
Strengthening Parent–Child Relationships	<ul style="list-style-type: none">• Counselors• Community partner• Parents	April–May
Why Is My Teen so Focused on Self-Image?	<ul style="list-style-type: none">• Counselors• Community partner	May–June